

Suicide Among College Student Clients: Who is at Risk?

LIVE VIDEO WEBCAST
Tuesday, November 16, 2021

Webcast Information

Eastern Time

12:00pm Program begins

1:00pm Program ends

For more information or questions:

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TO REGISTER: (either enter the address in your web browser or click on the link below)

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**Host: Penn State University; Center for Counseling
and Psychological Services**

For additional information visit:

<https://cdn.pesi.com/pdf/inhouse/faq.pdf>

Suicide is the second leading cause of death among adolescents and young adults in the United States. This presentation will identify factors associated with suicide risk in that population, as well as describe the results of a national study of 391 college students who engaged in suicide behavior while in psychotherapy. Variables that predicted suicide behavior, as well as four types of suicidal individuals, will be discussed.

Target Audience: Counselors • Marriage and Family Therapists,
Nurses • Physicians • Psychologists • Social Workers

Speaker *Jeffrey A. Hayes, Ph.D.,*

is a professor at the Pennsylvania State University, where he has been a faculty member since 1993. Throughout his career, Dr. Hayes has researched and written about psychotherapy, focusing primarily on the characteristics of treatment providers that affect therapy process and outcome. During the past decade, he has also conducted research on college student mental health. Dr. Hayes has more than authored more than 100 publications, including two books. His research has been funded by several agencies, including the American Psychological Foundation and the American Foundation for Suicide Prevention. He has received early career awards from both the Society for Psychotherapy Research and the American Psychological Association, where he is a fellow in two divisions. Dr. Hayes has served as President of the North American Chapter of the Society for Psychotherapy Research, was chair of the Education and Training Committee for the American Psychological Association's Division of Psychotherapy, and was associate editor of the Journal of Counseling Psychology. Dr. Hayes is currently the editor of Psychotherapy Research. He is a licensed psychologist and has provided psychotherapy to adults for the past 25 years. He lives with his wife, who is a psychologist in independent practice, in State College, PA.

Speaker Disclosures:

Financial: Jeffrey Hayes is a professor at the Pennsylvania State University. He is an author and receives royalties.

Non-financial: Jeffrey Hayes is a member of the American Psychological Association – Division of Psychotherapy; and Division of Counseling Psychology. He is on the editorial board for Psychotherapy.

Program Outline

Suicide prevalence and intervention in college student population (5 minutes)

Description of the methods of a national study of suicidal college students (10 minutes)

Predictors of suicide behavior (15 minutes)

Four categories of suicidal clients (15 minutes)

Clinical implications (7 minutes)

Question and answer (8 minutes)

Objectives

1. Determine factors that predict suicide behavior among college students.
2. Catalogue 4 types of college student clients with suicide ideation.
3. Determine differential risk of suicide behavior for each of these 4 types.

Continuing Education Credits



Addiction Counselors: This activity consists of 1.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Counselors: This intermediate activity consists of 1.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Marriage & Family Therapists: This activity consists of 60 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 1.0 contact hours. Partial contact hours will be awarded for partial attendance.

Psychologists & Physicians:

Physicians

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Other Professions: This activity qualifies for 60 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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