

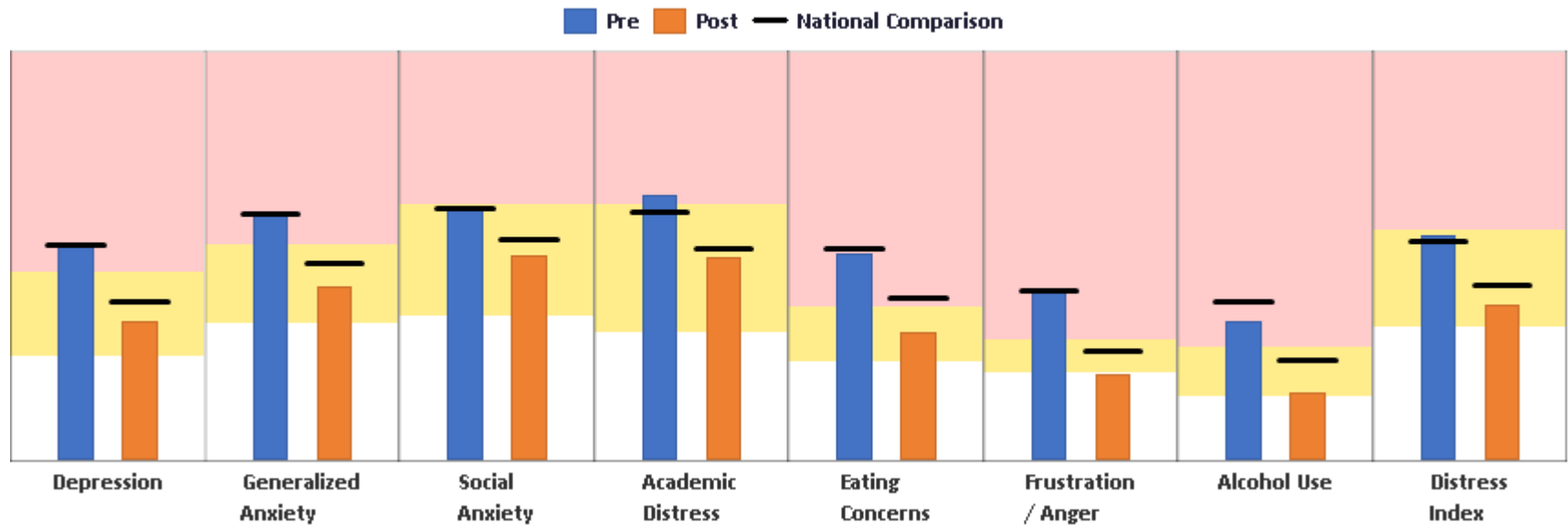
CCAPS National Comparison — Pre-Post Change

v 07/2022

EXAMPLE University — Based on 385 unique local clients above the low cut, with at least 2 CCAPS Administrations from 7/1/2021 to 6/30/2022. Clients in the local sample have an average of 9.3 administrations; clients in the national sample have an average of 4.5 administrations.

Note: This report only includes clients with at least 2 CCAPS Administrations and is most useful when the CCAPS is administered at every session. The number of CCAPS administrations may or may not reflect the number of appointments depending on your CCAPS administration schedule.

National Pre- to Post-Treatment Change



Local Pre, Post	2.13, 1.34	2.42, 1.70	2.47, 2.00	2.60, 1.97	2.01, 1.24	1.67, 0.83	1.35, 0.65	2.20, 1.51
Local Change	-0.79	-0.72	-0.47	-0.63	-0.77	-0.85	-0.70	-0.70
National Pre, Post	2.11, 1.55	2.42, 1.94	2.48, 2.16	2.43, 2.07	2.08, 1.59	1.65, 1.05	1.54, 0.96	2.15, 1.71
National Change	-0.56	-0.49	-0.32	-0.36	-0.49	-0.60	-0.58	-0.45

For example, at pre-treatment, local clients reported an average score on the Depression subscale of 2.13. At post-treatment, they reported an average score on the Depression subscale of 1.34, reflecting a decrease of 0.79 over the course of treatment.

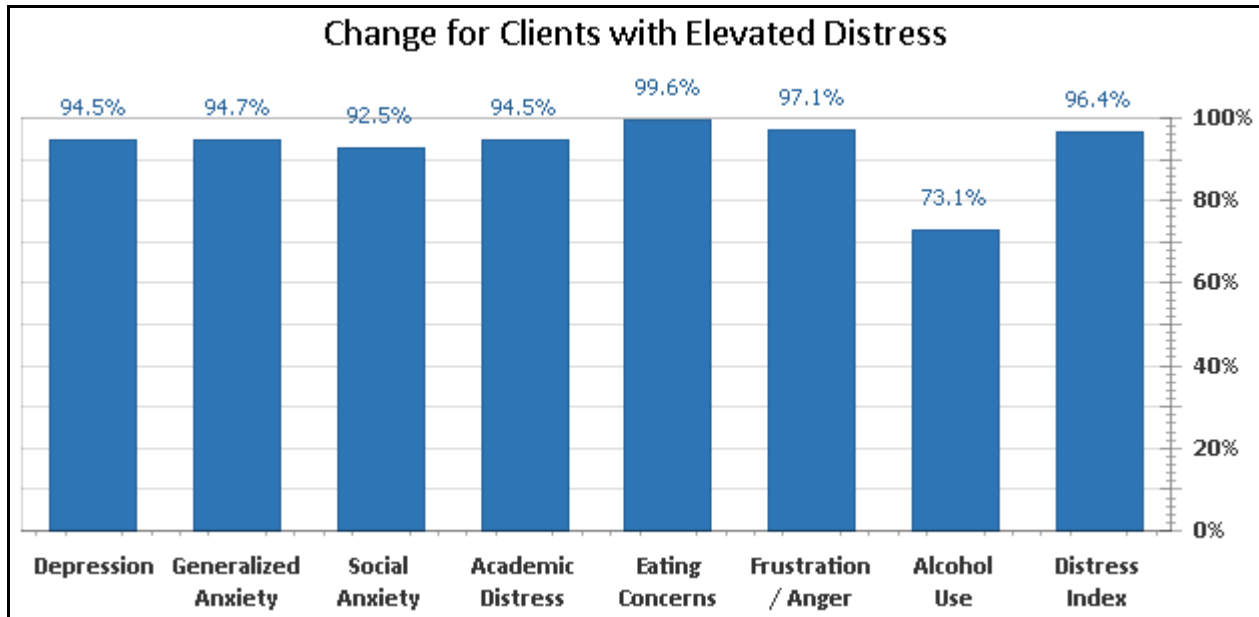
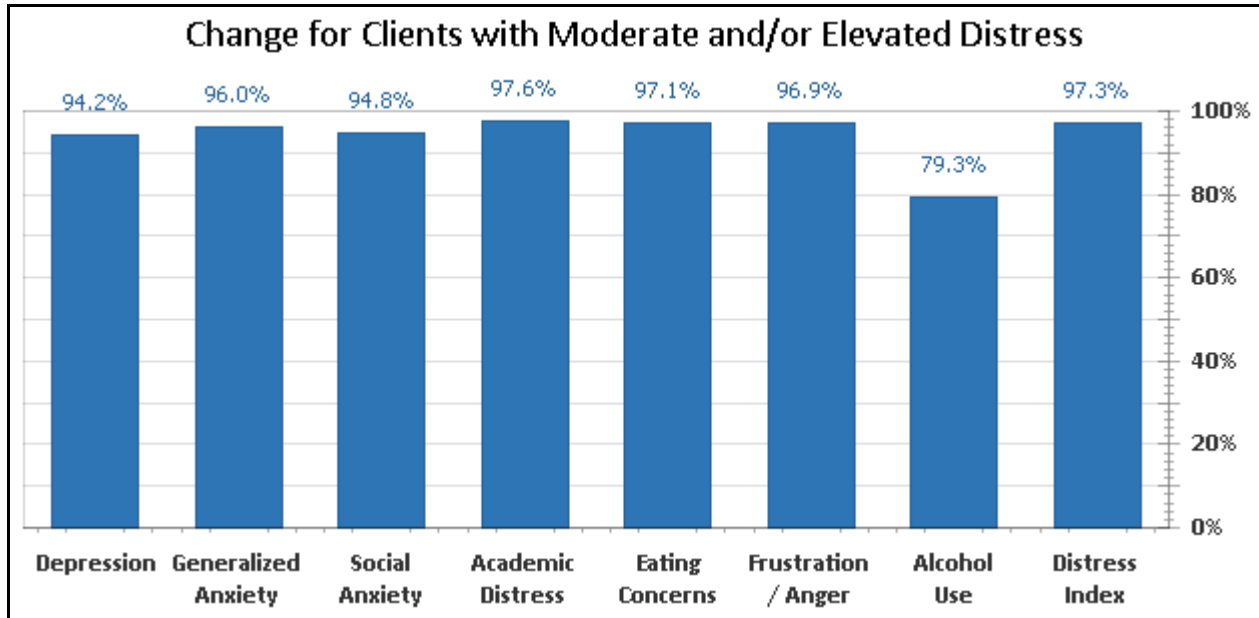
Out of 385 total clients, **35% (n = 134)** reported at least some SI at pre-treatment. Of those, **77% (n = 103)** decreased their SI score at post treatment.

Out of 385 total clients, **8% (n = 32)** reported at least some THO at pre-treatment. Of those, **84% (n = 27)** decreased their THO score at post treatment.

CCAPS National Comparison — Pre-Post Change

v 07/2022

EXAMPLE University — Based on 415 unique local clients, with at least 2 CCAPS Administrations from 7/1/2021 to 6/30/2022. The clients in the local sample have an average of 9.2 administrations.



Note: This report only includes clients with at least 2 CCAPS Administrations and is most useful when the CCAPS is administered at every session. The number of CCAPS administrations may or may not reflect the number of appointments depending on your CCAPS administration schedule.

This report compares your center's average change on the CCAPS' subscales to a national sample of 297 counseling centers representing 227,676 clients. Average change is calculated by subtracting each client's last scorable CCAPS administration from their first scorable CCAPS administration and then averaging these differences by subscale. Two charts are provided above based on client's level of initial distress: (1) clients with moderate and/or elevated initial distress or (2) clients with only elevated initial distress.

For example, looking at the first chart (moderate + elevated), your center's average change for Depression is at the 94th percentile. This means that your center's average change on the Depression subscale is greater than the change achieved by 94% of counseling centers in the national sample (for clients whose initial distress was at least moderate and/or elevated).

CCAPS Pre-Post Change Data Table

Subscale by Initial Distress Level	Local Average Change in Raw Subscale Score	# of Local Clients Above Cut Score	% of Local Clients Above Cut Score	National Average Change in Raw Subscale Score	# of National Clients Above Cut Score	% of National Clients above Cut Score
Depression Low-Cut	0.785	292	70.4%	0.518	168,111	73.8%
Depression High-Cut	1.022	186	44.8%	0.704	105,326	46.3%
Generalized Anxiety Low-Cut	0.724	287	69.2%	0.454	172,566	75.8%
Generalized Anxiety High-Cut	0.876	175	42.2%	0.592	108,855	47.8%
Social Anxiety Low-Cut	0.474	302	72.8%	0.301	172,949	76.0%
Social Anxiety High-Cut	0.633	146	35.2%	0.444	80,459	35.3%
Academic Distress Low-Cut	0.625	287	69.2%	0.337	170,181	74.7%
Academic Distress High-Cut	0.885	168	40.5%	0.598	84,840	37.3%
Eating Concerns Low-Cut	0.773	170	41.0%	0.467	102,269	44.9%
Eating Concerns High-Cut	1.114	102	24.6%	0.619	66,698	29.3%
Frustration / Anger Low-Cut	0.845	156	37.6%	0.555	78,972	34.7%
Frustration / Anger High-Cut	0.930	110	26.5%	0.613	65,412	28.7%
Alcohol Use Low-Cut	0.700	80	19.3%	0.548	62,033	27.2%
Alcohol Use High-Cut	0.875	42	10.1%	0.724	37,215	16.3%
Distress Index Low-Cut	0.695	277	66.7%	0.412	164,329	72.2%
Distress Index High-Cut	0.903	117	28.2%	0.581	69,088	30.3%

Data Table Column Descriptions

Subscale by Initial Distress Level	Scores on the CCAPS are divided into three ranges of distress, Low-Distress (white), Moderate Distress (yellow), and Elevated Distress (red), using Low and High cut-scores (Low-Cut and High-Cut). Clients that score over the Low-Cut include Moderate Distress plus Elevated Distress scores. Those that score over the High-Cut include Elevated Distress scores only. For more information about cut-scores please view the CCAPS User Manual under "CCAPS" in the Help Tab.
Local Average Change in Raw Subscale Score	The average difference in Pre-Post CCAPS scores at your center for a given subscale and initial distress.
# of Local Clients Above Cut Score	The number of clients at your center that scored above the indicated cut-score (low or high) per subscale.
% of Local Clients Above Cut Score	The percentage of clients at your center that scored above the indicated cut-score (low or high) per subscale.
National Average Change in Raw Subscale Score	The national average Pre-Post change in CCAPS scores for the indicated subscale and cut-score.
# of National Clients Above Cut Score	The number of clients in the national sample that scored above the indicated subscale and cut-score.
% of National Clients Above Cut Score	The percentage of clients in the national sample that that scored above the indicated subscale and cut-score.