

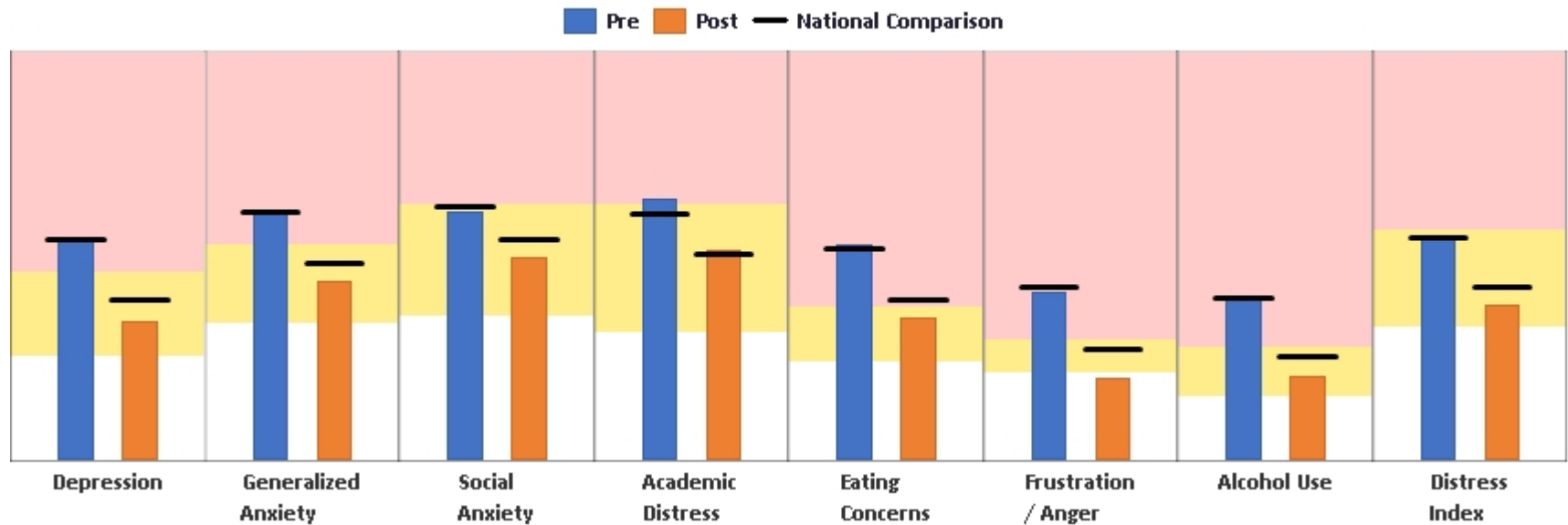
CCAPS National Comparison — Pre-Post Change

v 07/2021

SAMPLE INSTITUTION — Based on 1,313 unique local clients above the low cut, with at least 2 CCAPS Administrations from 05/11/2020 to 05/09/2021. Clients in the local sample have an average of 6.2 administrations; clients in the national sample have an average of 4.3 administrations.

Note: This report only includes clients with at least 2 CCAPS Administrations and is most useful when the CCAPS is administered at every session. The number of CCAPS administrations may or may not reflect the number of appointments depending on your CCAPS administration schedule.

National Pre- to Post-Treatment Change



Local Pre, Post	2.15, 1.35	2.44, 1.75	2.43, 1.98	2.56, 2.06	2.11, 1.38	1.64, 0.78	1.60, 0.80	2.18, 1.51
Local Change	-0.80	-0.69	-0.46	-0.49	-0.74	-0.86	-0.80	-0.66
National Pre, Post	2.17, 1.56	2.44, 1.94	2.50, 2.16	2.42, 2.03	2.07, 1.57	1.69, 1.08	1.58, 1.01	2.17, 1.70
National Change	-0.60	-0.50	-0.34	-0.39	-0.49	-0.61	-0.57	-0.47

For example, at pre-treatment, local clients reported an average score on the Depression subscale of 2.15. At post-treatment, they reported an average score on the Depression subscale of 1.35, reflecting a decrease of 0.80 over the course of treatment.

Out of 1,313 total clients, **34% (n = 447) reported at least some SI at pre-treatment. Of those, 79% (n = 354) decreased their SI score at post treatment.**

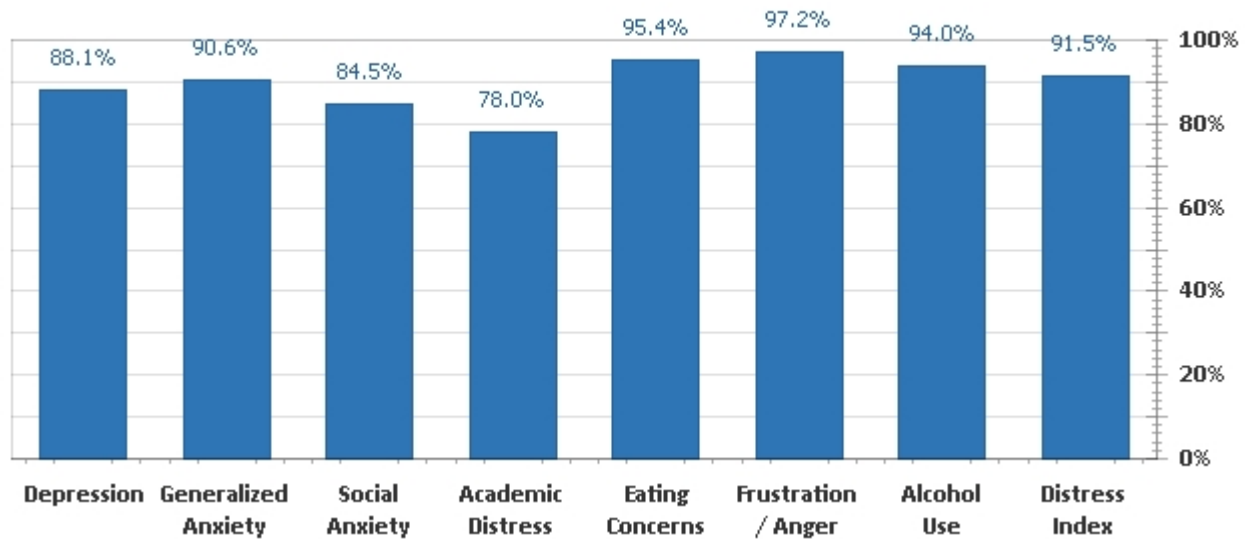
Out of 1,313 total clients, **8% (n = 103) reported at least some THO at pre-treatment. Of those, 86% (n = 89) decreased their THO score at post treatment.**

CCAPS National Comparison — Pre-Post Change

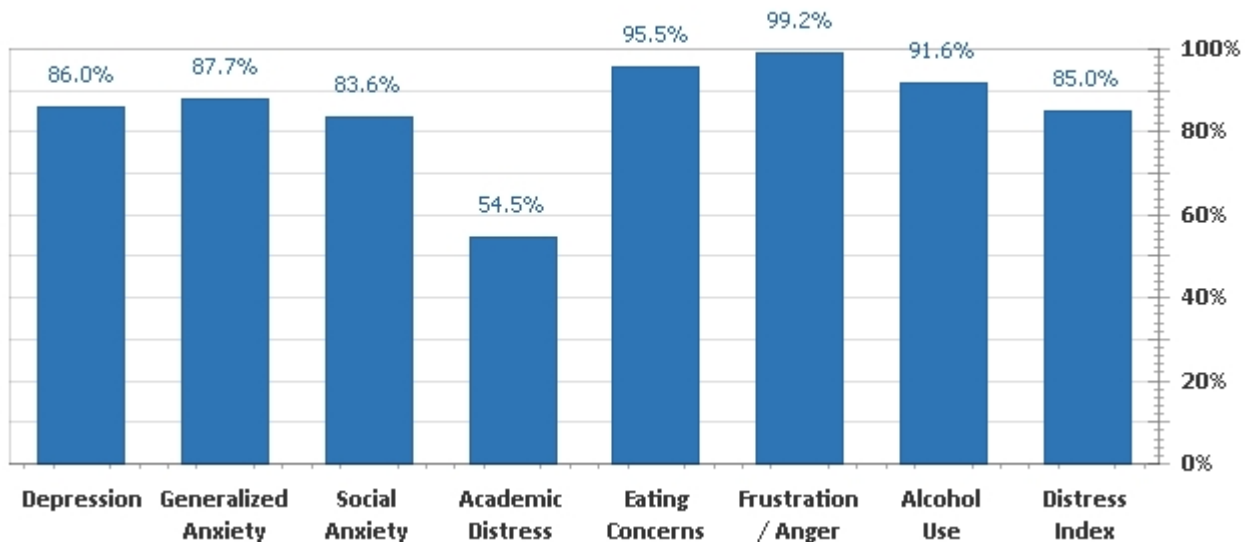
v 07/2021

SAMPLE INSTITUTION — Based on 1,379 unique local clients, with at least 2 CCAPS Administrations from 05/11/2020 to 05/09/2021. The clients in the local sample have an average of 6.2 administrations.

Change for Clients with Moderate and/or Elevated Distress



Change for Clients with Elevated Distress



Note: This report only includes clients with at least 2 CCAPS Administrations and is most useful when the CCAPS is administered at every session. The number of CCAPS administrations may or may not reflect the number of appointments depending on your CCAPS administration schedule.

This report compares your center's average change on the CCAPS' subscales to a national sample of 270 counseling centers representing 263,342 clients. Average change is calculated by subtracting each client's last scorable CCAPS administration from their first scorable CCAPS administration and then averaging these differences by subscale. Two charts are provided above based on client's level of initial distress: (1) clients with moderate and/or elevated initial distress or (2) clients with only elevated initial distress.

For example, looking at the first chart (moderate + elevated), your center's average change for Depression is at the 88th percentile. This means that your center's average change on the Depression subscale is greater than the change achieved by 88% of counseling centers in the national sample (for clients whose initial distress was at least moderate and/or elevated).

CCAPS Pre-Post Change Data Table

Subscale by Initial Distress Level	Local Average Change in Raw Subscale Score	# of Local Clients Above Cut Score	% of Local Clients Above Cut Score	National Average Change in Raw Subscale Score	# of National Clients Above Cut Score	% of National Clients above Cut Score
Depression Low-Cut	0.800	1,008	73.1%	0.579	198,534	75.4%
Depression High-Cut	0.993	654	47.4%	0.767	129,659	49.2%
Generalized Anxiety Low-Cut	0.692	1,037	75.2%	0.482	198,720	75.5%
Generalized Anxiety High-Cut	0.842	677	49.1%	0.634	126,093	47.9%
Social Anxiety Low-Cut	0.455	991	71.9%	0.338	199,874	75.9%
Social Anxiety High-Cut	0.626	436	31.6%	0.496	94,899	36.0%
Academic Distress Low-Cut	0.494	1,048	76.0%	0.381	194,921	74.0%
Academic Distress High-Cut	0.682	599	43.4%	0.662	95,895	36.4%
Eating Concerns Low-Cut	0.736	615	44.6%	0.476	115,222	43.8%
Eating Concerns High-Cut	0.937	406	29.4%	0.631	74,102	28.1%
Frustration / Anger Low-Cut	0.859	480	34.8%	0.578	98,045	37.2%
Frustration / Anger High-Cut	1.018	329	23.9%	0.636	81,832	31.1%
Alcohol Use Low-Cut	0.801	438	31.8%	0.544	80,127	30.4%
Alcohol Use High-Cut	1.014	272	19.7%	0.726	49,826	18.9%
Distress Index Low-Cut	0.663	1,007	73.0%	0.452	191,695	72.8%
Distress Index High-Cut	0.823	451	32.7%	0.631	83,051	31.5%

Data Table Column Descriptions

Subscale by Initial Distress Level	Scores on the CCAPS are divided into three ranges of distress, Low-Distress (white), Moderate Distress (yellow), and Elevated Distress (red), using Low and High cut-scores (Low-Cut and High-Cut). Clients that score over the Low-Cut include Moderate Distress plus Elevated Distress scores. Those that score over the High-Cut include Elevated Distress scores only. For more information about cut-scores please view the CCAPS User Manual under "CCAPS" in the Help Tab.
Local Average Change in Raw Subscale Score	The average difference in Pre-Post CCAPS scores at your center for a given subscale and initial distress.
# of Local Clients Above Cut Score	The number of clients at your center that scored above the indicated cut-score (low or high) per subscale.
% of Local Clients Above Cut Score	The percentage of clients at your center that scored above the indicated cut-score (low or high) per subscale.
National Average Change in Raw Subscale Score	The national average Pre-Post change in CCAPS scores for the indicated subscale and cut-score.
# of National Clients Above Cut Score	The number of clients in the national sample that scored above the indicated subscale and cut-score.
% of National Clients Above Cut Score	The percentage of clients in the national sample that that scored above the indicated subscale and cut-score.