

CLI Report: Example University

Center for Collegiate Mental Health (CCMH) | ccmh.psu.edu / ccmh@psu.edu

- The **Clinical Load Index (CLI)** is a standardized and comparable score that describes the standardized caseload of a counseling center. The CLI can be thought of as “clients per standardized counselor” (per year) at the center or the annual caseload of a typical full-time clinician working 40-hour a week with 24 clinical hours. Higher CLI scores represent higher caseloads within a counseling center.
- Counseling Center **Utilization**: The total number of students with at least 1 attended appointment between July 1st and June 30th.
- Counseling Center **Clinical Capacity**: The total number of contracted/expected clinical hours for a typical/busy week when the center is fully staffed (not including case management and psychiatric services).

For more information about the CLI, please see our recent [Annual Reports](#) and our [CLI Website](#).

Your center's values

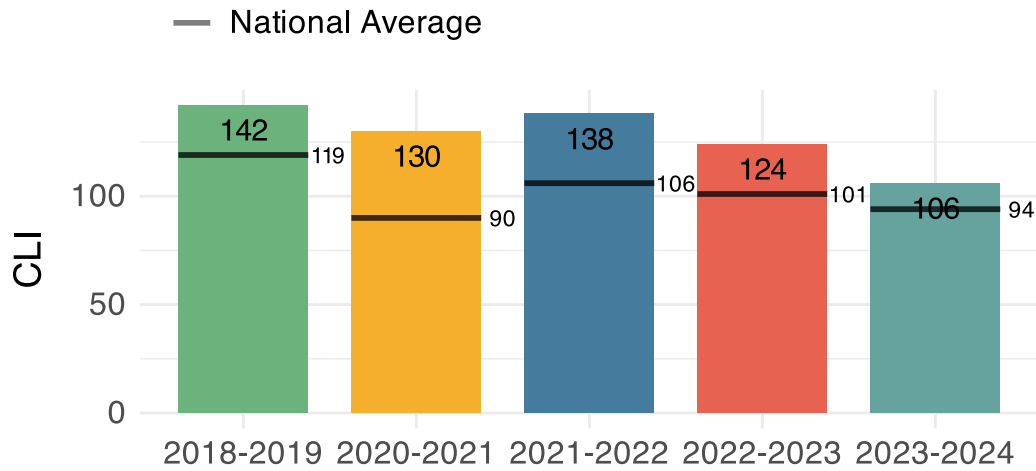
We have validated CLI data on file for your center for 5 years.

Year	CLI	Utilization	Clinical Capacity
2018-2019	142	4465	756
2020-2021	130	3355	621
2021-2022	138	4126	720
2022-2023	124	3653	707
2023-2024	106	3001	677

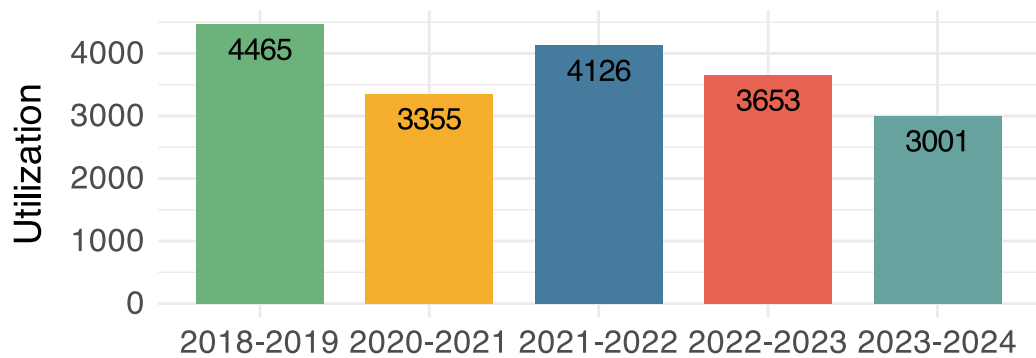
Note: CCMH did not validate CLI data for the 2019-2020 school year due to the impact of the start of the COVID-19 pandemic.

CLI

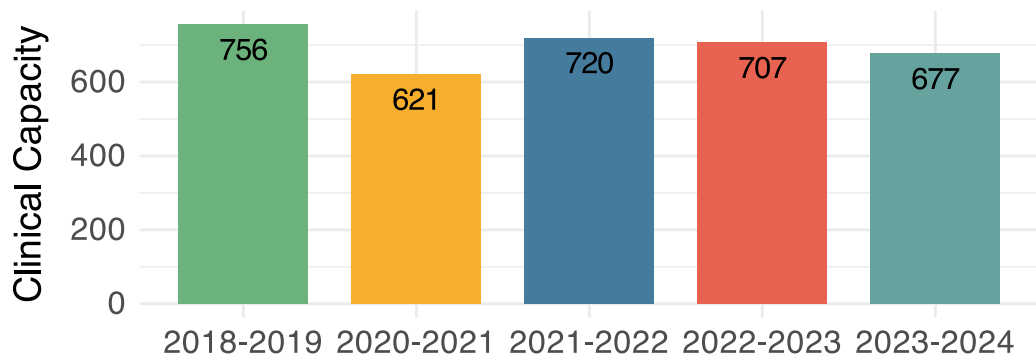
Black bars denote national average CLI each year.



Utilization



Clinical Capacity



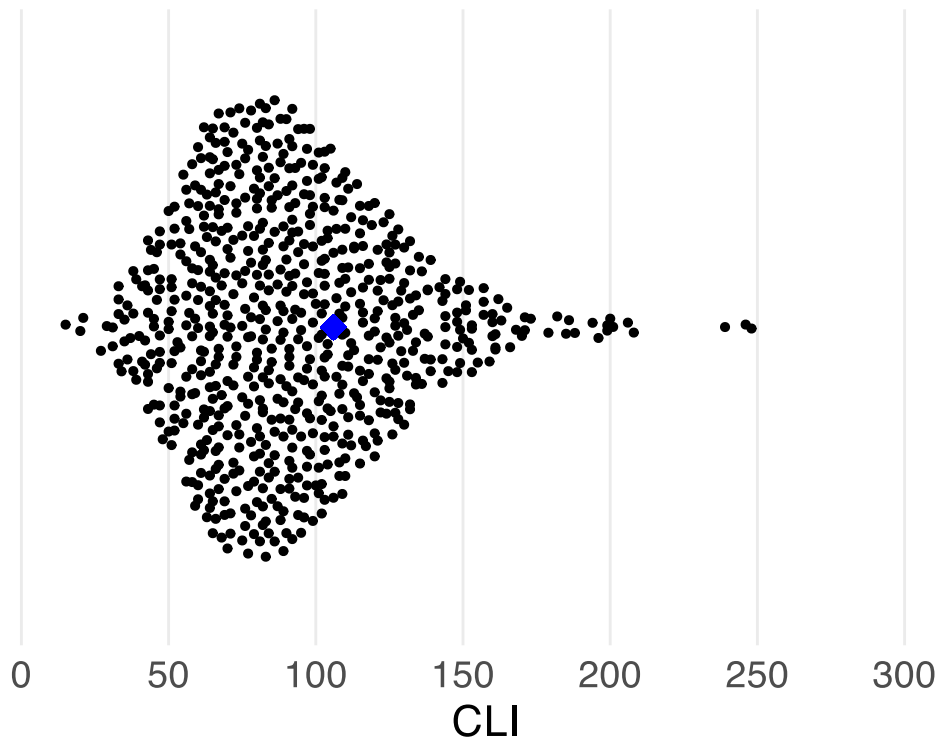
CLI Distributions

2023-2024 CLI distribution

National data:

- 696 colleges and universities
- Minimum: 15
- Maximum: 248
- Mean: 92
- Median: 88
- Standard Deviation: 35

Your CLI was 106 in 2023-2024, meaning that a typical standardized counselor providing 24 clinical hours a week would have seen 106 clients during the year. In 2023-2024, the national average CLI was 94. Your center's CLI was higher than 69% of the national sample of counseling centers

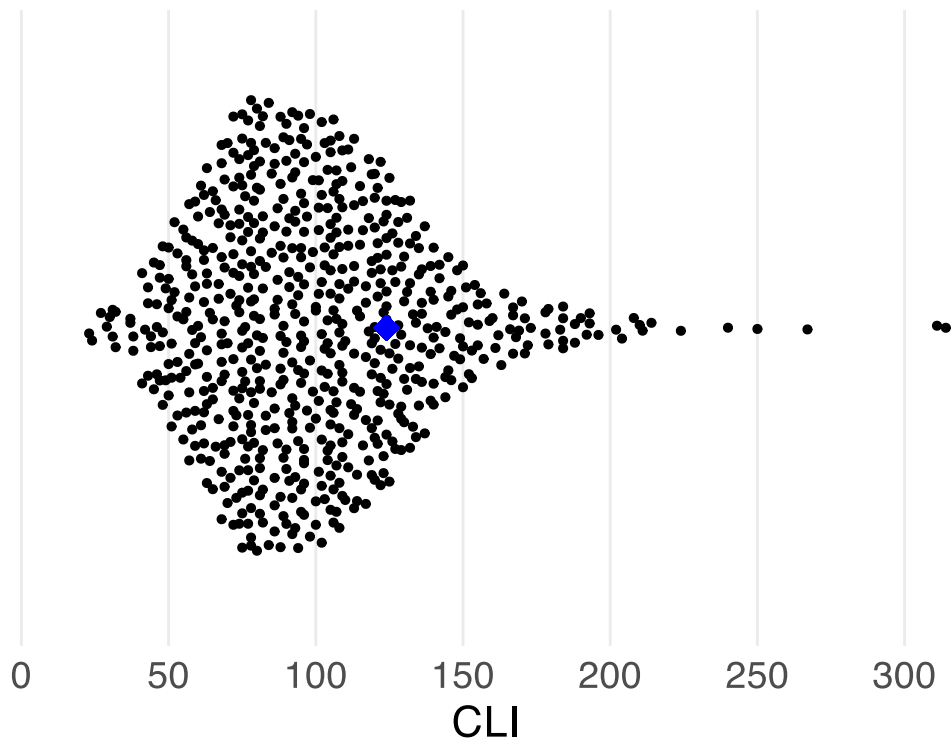


2022-2023 CLI distribution

National data:

- 654 colleges and universities
- Minimum: 23
- Maximum: 314
- Mean: 101
- Median: 96
- Standard Deviation: 38

Your CLI was 124 in 2022-2023, meaning that a typical standardized counselor providing 24 clinical hours a week would have seen 124 clients during the year. In 2022-2023, the national average CLI was 101. Your center's CLI was higher than 77% of the national sample of counseling centers

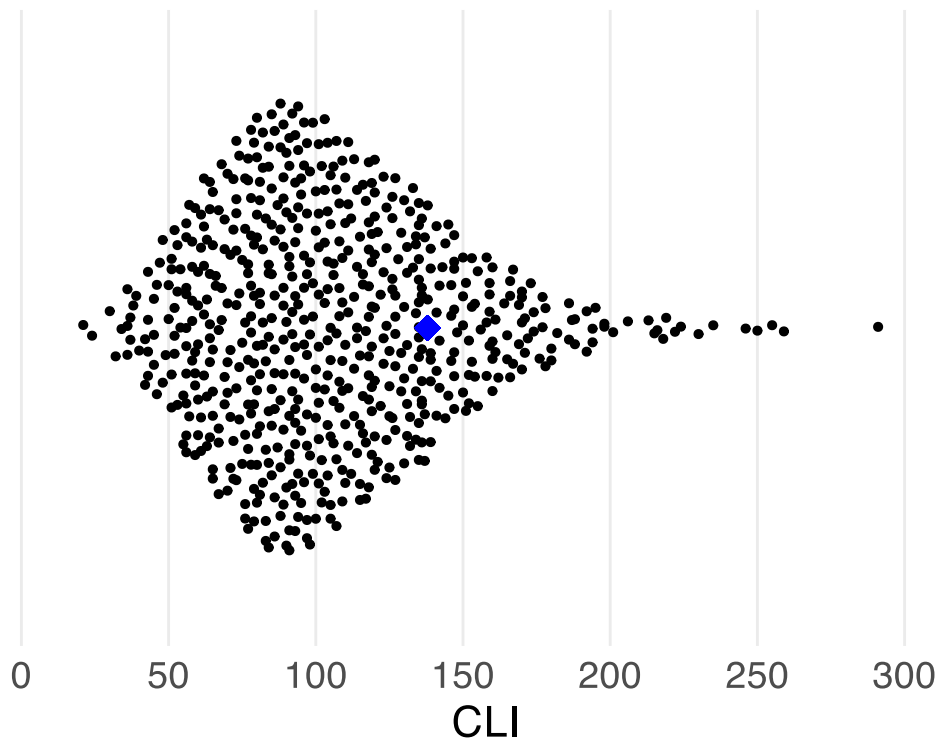


2021-2022 CLI distribution

National data:

- 626 colleges and universities
- Minimum: 21
- Maximum: 291
- Mean: 106
- Median: 100
- Standard Deviation: 41

Your CLI was 138 in 2021-2022, meaning that a typical standardized counselor providing 24 clinical hours a week would have seen 138 clients during the year. In 2021-2022, the national average CLI was 106. Your center's CLI was higher than 81% of the national sample of counseling centers

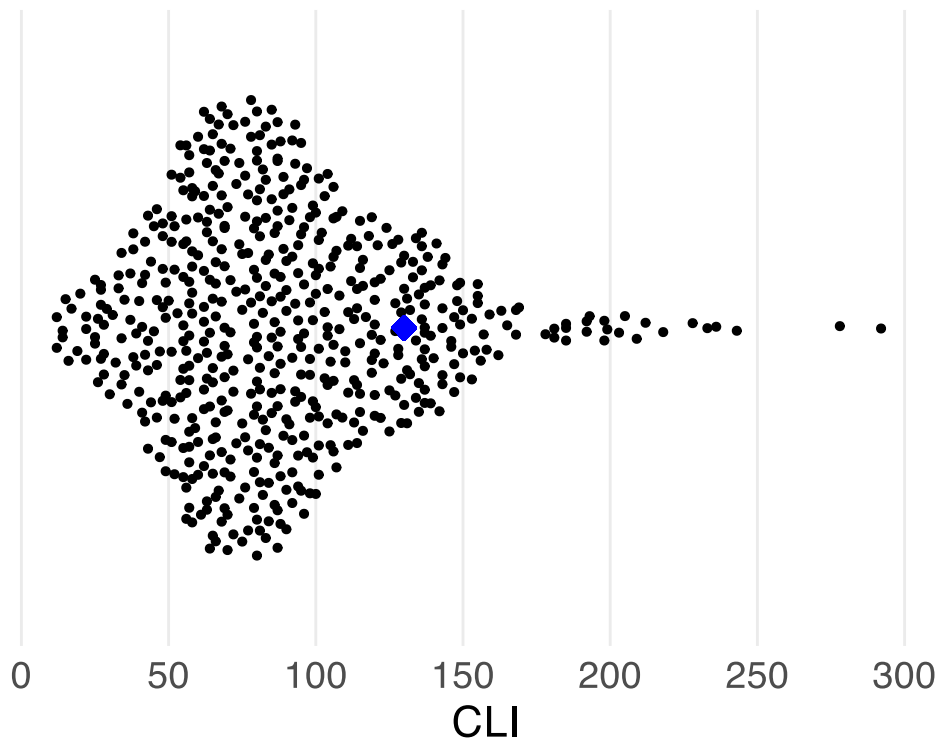


2020-2021 CLI distribution

National data:

- 563 colleges and universities
- Minimum: 12
- Maximum: 314
- Mean: 90
- Median: 84
- Standard Deviation: 43

Your CLI was 130 in 2020-2021, meaning that a typical standardized counselor providing 24 clinical hours a week would have seen 130 clients during the year. In 2020-2021, the national average CLI was 90. Your center's CLI was higher than 83% of the national sample of counseling centers



2018-2019 CLI distribution

National data:

- 567 colleges and universities
- Minimum: 30
- Maximum: 310
- Mean: 119
- Median: 112
- Standard Deviation: 47

Your CLI was 142 in 2018-2019, meaning that a typical standardized counselor providing 24 clinical hours a week would have seen 142 clients during the year. In 2018-2019, the national average CLI was 119. Your center's CLI was higher than 73% of the national sample of counseling centers

